

AT YOUR BEST PRIVACY POLICY, ACCESSIBILITY POLICY, AND TERMS AND CONDITIONS FOR USE

Last Updated: January 27, 2026

1. Privacy Policy (HIPAA)

Because this is a mental health site, we are legally bound by **HIPAA (Health Insurance Portability and Accountability Act)**.

- **Data Collection:** The site uses cookies to analyze traffic and includes a contact form. By using and completing the contact form, this site is also subject to the [Google Privacy Policy](#).
- **Clinical Privacy:** Your personal health information (PHI) is protected. We cannot disclose your treatment details without written consent, except in cases of:
 - Suspected child, elder, or dependent adult abuse.
 - Serious threats of bodily harm to yourself or others.
 - Court orders/subpoenas.

2. Accessibility Policy

- **Web Standards:** The site is powered by WIX, which follows basic WCAG (Web Content Accessibility Guidelines) standards.
- **Physical/Service Access:** Under the ADA (Americans with Disabilities Act), as a place of "public accommodation," we provide reasonable accommodations for sessions. This includes ADA restrooms, hallways, and office space. We also offer **Telehealth** as an accessibility option for those with mobility challenges.

3. Terms and Conditions

The "Terms" for using the website are informal and governed by the service provider (WIX).

- **Use of Content:** All content on the site is copyrighted (© 2025 At Your Best Counseling).
- **No Patient-Provider Relationship:** Simply using the contact form or browsing the site does **not** constitute a therapeutic relationship. A professional relationship is only established after an intake session and signed informed consent.
- **Dispute Resolution:** Any disputes regarding the website content are governed by the laws of the state of Oregon.

How to get the official documents:

If you are a prospective client and need the full, legal versions of these documents (specifically the **Informed Consent** and **Notice of Privacy Practices**), you should:

1. **Click "Contact Us"** on the site and request an intake packet.